



Summer Camp 2021 Welcome Letter

Welcome to the St. Albert Canoe Kayak Club Summer Paddling Program! We are looking forward to the 2021 season and the opportunity to meet new and returning paddlers!

Below you will find some important information to prepare you for this year's summer program.

Location

Cardiff Pond : New location at Cardiff Pond adjacent to Cardiff Golf Club 55307-Range Road 251 Sturgeon county

- We are located just south of the Golf Club

Time of Arrival

- Please arrive **on time** as we will start our warm-up activities and games at 9 am. If a camper is riding their bike to camp please lock it in a safe location or inform your coach that you have a bike.
- Please sign in upon check in

Pickup

- Parents should pick up their child/children at **12:00pm (Morning Camper) or 4pm (Evening Camper)**
- Please ensure you sign upon check out or be sure to discuss with a coach at pickup
- Please let the coaches know if your child has permission to go home by themselves, or with another paddler/parent.

Extended Child Care

- This year we are glad to introduce our extended care program which will be available to registered campers. This extra one hour of care will be available from 8-9 am for morning campers and 4-5pm for afternoon campers.
- The cost for each hour will be \$10

What to Wear

- Please come prepared for outdoor fitness and activities.
 - o This includes: running shoes, water activity shoes, a hat, shorts, t-shirt, sunglasses, and a towel.
- Please dress according to the weather anticipated for the day, this could include bringing a sweater, windbreaker, sweatpants, raincoat etc. as the weather can be unpredictable.

What to Bring

- **Always bring a change of clothes!** Getting wet is part of paddling and you will need warm, dry clothing to change into after practice.
- Life Jackets are provided, however, you may bring your own.
- Valuables should be left at home; the club coaches will not be responsible for any loss.
- **Please do not bring a lunch!** However, if needed for health reason small snacks are allowed.
****To ensure the safety of all campers and staff please adhere to a peanut free policy**
- **Always bring a water bottle, maybe 2!** It is very important to stay hydrated during physical activity, especially in the hot summer sun!
- **Always bring sunscreen!** We recommend putting on sunscreen prior to coming to camp, as well as reapplying throughout the day.

Payment

- Please submit payment via etransfer to sackc2020@hotmail.com. No password is required however please include the athlete's first and last name, camp session dates and length into the comments. This will ensure your payment gets applied to the correct athlete
- If you are unable to send via etransfer please contact us at the above email address to discuss other payment options, however please note we will not be able to hold a spot until payment is received.

If you have any questions or concerns, please do not hesitate to email our club.

We look forward to seeing you at camp!

Nadia Chama – Admin Assistant Coach
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